



## Sentinel Spartans Girls Basketball Tryouts

**Nov 25:** 11<sup>th</sup>-12<sup>th</sup> grade 3:45-5:45pm | 9<sup>th</sup>-10<sup>th</sup> grade 5:45-7:45pm

**Nov 26:** 11<sup>th</sup>-12<sup>th</sup> grade 3:45-5:45pm | 9<sup>th</sup>-10<sup>th</sup> grade 5:45-7:45pm (potential cuts)

**Nov 27:** 11<sup>th</sup>-12<sup>th</sup> grade 7:00-8:00am | 9<sup>th</sup>-10<sup>th</sup> grade 8:00-9:00am (team assignments)

Dear Sentinel Girls Basketball Program Student-Athletes and Families,

I hope this letter finds you all doing well and excited for the upcoming basketball season. As we approach the upcoming basketball season, I wanted to take a moment to address an important aspect of our program—the tryout process. Tryouts are a challenging period for everyone involved, and I understand that they come with a mix of excitement and anxiety. I want to assure you that our primary focus during this time is not just forming teams but also fostering growth, development, and a deep sense of commitment among all our athletes.

The Sentinel Basketball Program is fortunate to have a strong tradition of excellence, and as we look forward to the season ahead, it is important to remember that tryouts are the culmination of an entire offseason of hard work, dedication, and preparation. I encourage each of you to approach these tryouts as an opportunity to showcase your skills, learn, and grow as a player, and above all, demonstrate the qualities that make you an exceptional student-athlete.

The tryout process will span three days, during which we will evaluate each player based on various criteria, including athleticism, basketball skills, work ethic, ability to learn, attitude, schoolwork/eligibility, and citizenship. Players can expect 1on1, 3on3, 5on5, rebounding, passing, dribbling, and defensive drills. Players should also expect to learn offenses, defenses, plays and more to evaluate basketball IQ. Please remember that these evaluations are not meant to define your worth as a person or athlete but rather to help us understand how we can support your growth within our program.

By the end of the third day of tryouts, we will have selected our teams. It's important to note that some cuts may be made at the end of the second day, but we will ensure that all players are treated with respect and sensitivity throughout this process. We recognize that this can be a difficult moment for those not selected, but I want to emphasize that it is not the end of your basketball journey. We are committed to helping every athlete who is passionate about the game and our program. Our coaching staff will be available to provide guidance and support to those who may not make the team, helping them set goals and continue working on their skills during the offseason.

On the final day of tryouts, we will conduct one-on-one or group meetings with each player to discuss the results of the tryouts. The head coach will notify players of their selection, and your respective coach will discuss your role and expectations within the Sentinel Basketball Program. We believe that clear communication is essential to player development, and we are here to answer any questions or concerns you may have.

For those players who, due to circumstances beyond their control, are unable to participate in tryouts (e.g., sickness, family emergency), we understand your situation. You will be given an extended opportunity to try out once you are able to return. Additionally, if any new players move into our district, they will also be provided with a fair opportunity to try out for our program.

Lastly, I want to highlight that we are committed to transparency and open communication. If at any time you wish to review your evaluation results, they will be made available upon request.

Please know that our aim is to create an inclusive and supportive environment where every player can thrive and contribute to the success of our program. Your dedication, hard work, and positive attitude are what truly make the Sentinel Basketball Program exceptional.

I look forward to seeing you all at tryouts and working together to build a successful season ahead. If you have any questions or concerns before or during tryouts, please do not hesitate to reach out to me or any member of our coaching staff.

Thank you for your commitment to our program, and I wish you the best of luck during the tryout process.

Sincerely,

Mike Size  
Head Basketball Coach  
Sentinel Girls Basketball Program